

Expedition Foods: Dessert Range

	Custard with Apple	Custard with Mixed Berries	Rice Pudding with Cinnamon
SKU	004-0218	004-0219	004-0217
Product Weight	140 grams / 4.9 ounces	140 grams / 4.9 ounces	100 grams / 3.5 ounces
Net Weight	110 grams / 3.9 ounces	110 grams / 3.9 ounces	92 grams / 3.2 ounces
Type	Dessert	Dessert	Dessert
Serving Size	1	1	1
Servings per Container	1	1	1
Calories per serving	2,334 kJ / 557 kcal	2,372 kJ / 568 kcal	1850 kJ / 440 kcal
Total Fat per serving	30.6 g	30.4 g	18.1 g
Saturated Fat per serving	20.7 g	19.9 g	10.4 g
Protein per serving	8.9 g	9.4 g	5.3 g
Sodium per serving	0.1 g	0.1 g	0.1 g
Total Carbohydrates per serving	59.1 g	59.7 g	62.6 g
Dietary Fibre per serving	4.5 g	4.0 g	3.1 g
Sugars per serving	43.0 g	41.3 g	47.5 g
Vegetarian	Yes	Yes	Yes
May contain Nuts	No	No	No
Gluten Free	Yes	Yes	Yes
Dairy Free	No	No	No
Ingredients	Freeze Dried Custard (Whole Milk, Single Cream, Custard Powder (Cornflour, Colour E160 (b), Flavouring), Sugar), Freeze Dried Diced Apple (Apple, Ascorbic Acid, Citric Acid) (9%).	Freeze Dried Custard (Whole Milk, Single Cream, Custard Powder (Cornflour, Colour E160 (b), Flavouring), Sugar), Freeze Dried Whole Blackcurrant (4%), Freeze Dried Whole Blackberry (2.5%), Freeze Dried Raspberry Pieces (2.5%).	Long Grain Rice (27.9%), Cream, Milk, Sugar, Ground Rice (5.31%), Ground Cinnamon (0.3%).